

<u>President</u>	Malcolm Thorne
<u>Vice President :</u>	Ed. Lang
<u>Treasurer:</u>	Richard Hall
<u>Musical Director:</u>	Michelle Albert
<u>Secretary:</u>	Cec.Rule
	3269 6780
E-mail :	sec-apollochoir@optusnet.com.au
WebPage:	www.apollochoir.com

JANUARY-2011

www.apollochoir.com

A Few Notes

News about the BRISBANE APOLLO MALE CHOIR

A Visit to Eventide Nursing Home -
14th. December.



The Christmas decorations were all in place and the residents were looking forward to hearing our program.

The performance included solo's from Ross, Jim, and Malcolm, and concluded with a group of Magnificent Men without their Flying Machines.



A Sad moment.

The Choir gathered at Lakeview Chapel on January 4th to farewell Ross's good friend,

Carolyn MacCarthy.

Over 20 members attended to support Ross at this sad time and during the service they sang the prayer of St. Francis - Make me a channel of your peace, and Holy, Holy, Holy.

Christmas Lights

On December 20th the Apollo Choir arrived at St. Gerard Majella Catholic Church at Cherm-side to take part in their Christmas celebrations. The grounds were a spectacle of lights and shapes and inside the Church was also decorated in the Christmas spirit.

Michelle was in fine



form as she compered her way through the program. She was assisted by some of the children present as they joined in the singing of Away in a Manger and Silent Night.

The Church was full and it was the biggest audience we have had at that venue. We look forward to returning again next year on the 19th December.



If you woke up this morning
with more health than illness,
you are more blessed than the
million who won't survive the week.

This Choir gains some support from the Brisbane City Council

Choir Christmas Break-up Party

We receive many invitations (via Email) , such as this , during each year. It is nice to know we are part of an activity that is not restricted by language or distance .

We wish you all the best for a Happy and Healthy New Year 2011 !!!

With enormous pleasure we invite you to participate in our IX International Choral Festival and VI International Choral competition "THE SINGING WORLD" in St. Petersburg (Russia) will take place from July 29 to August 3, 2011.

We would be very glad to see you at the festival "The Singing World" in St.Petersburg.

No act of kindness, no matter how big or small, is ever wasted.

An example of the importance that music can make in peoples lives.

Extract -New Scientist

22May 2010

Sing me the news, and I'll remember it

SINGING to elderly people with dementia helps them form new memories, one of the first skills they tend to lose.

Music is known to aid memory, especially recalling autobiographical information. For example, people with Alzheimer's disease are better at remembering events from their own past when music is playing in the background. It was less clear whether tunes could also help them learn.

Brandon Ally at Boston University and his team were inspired by the report of a man with Alzheimer's who could recall current events if his daughter sang the news to him to the tune of familiar pop songs. They decided to try it out for themselves.

They gave 13 people with Alzheimer's and 14 healthy seniors the lyrics from 40 unfamiliar children's songs to read, half accompanied by the actual song and half by the spoken words. All the participants saw the lyrics again without audio and mixed in with lyrics from a further 40 unknown songs. Those with Alzheimer's were able to recognise 40 per cent of the original lyrics that had been accompanied by song but only 28 per cent of those read to them. The healthy seniors recognised 80 per cent of lyrics, regardless of whether they had been sung or spoken (*Neuropsychologia*, DOI: 10.1016/j.neuropsychologia.2010.04.033).

Very few things enhance new learning in people with dementia, says Ally. "It's really cool that hearing the lyrics sung did." He suggests that teaching patients new medication regimes via a song in the early stages of dementia might enable them to live independently for a bit longer.

We don't yet know why singing should help, but Ally says that music engages areas of the brain, including subcortical regions, that are typically spared until later on in dementia. Music may also improve attention, he adds. Nora Schultz ■



Apollo Choir Christmas Breakup Party 2010

2011 Concerts- First few months.

Wed. 9th March:	Zion Lutheran Age Care Home 24 Union St, NUNDAH	10.30 am
Tuesday 22nd March:	Lynndon Ladies Bowls Club Goldsworthy St, HOLLAND PARK	10.30 am
Wednesday 30th March:	Tarry Brae IONA Complex 129 Brookfield Rd, KENMORE	10.30 am
Tuesday 26th April :	Keperra Sanctuary 999 Samford Rd, KEPERRA	7.45 pm
Wednesday 4th May:	Tri Care Nursing Care Crn. Webster & Rode Rds, CHERMSIDE	10.30 am